

A Marmalade Christmas!

Christmas Day with Marmalade Trust is full of fun, friends and laughter. Our events, currently held in North Bristol/South Gloucestershire, Central Bristol and Whitchurch, are completely free of charge and are available to book by anyone who would otherwise be spending the day alone.



Our guest Roger with Marmalade Trust Founder Amy

Included in the day for every guest is:

- A full three-course Christmas lunch
- Door-to-door transport to and from home
- A goody bag of lovely gifts
- Lots of fun and plenty of new friends!

“ I haven't felt so comfortable with people for many years as I did this Christmas. It was a joyous day! ”

A Marmalade guest in 2014

Donate today to help us help more people this Christmas

There are many ways you can make a donation to Marmalade Trust, providing us with the vital funds we need to reconnect those vulnerable to loneliness.

Online

Make a one-off or regular gift payment through JustGiving (see our website for details)

Text

Donate £5 now by texting MARM15 £5 To 70075

Cheque

Write a cheque payable to MARMALADE TRUST and post it to us C/o Harthills Solicitors, 1a Effingham Street, Rotherham, S65 1AQ

Get in touch with us

Whether you want to book a place at one of our events, become a volunteer or just find out more about us, we'd love to hear from you.

Email us at: marmaladetrust@hotmail.com

Call us on: 07511 630027



www.marmaladetrust.org

Registered Charity Number EW37607



We support people who are vulnerable to loneliness and social isolation, especially around Christmas time.

Help us to make sure that nobody has to spend Christmas alone.



Loneliness is a big problem

We all feel lonely from time to time, but for some people the pain of loneliness is a constant burden.

Over one million older people across the UK say they are 'always or often lonely', and nearly a fifth have less-than-weekly contact with family, friends or neighbours (source: Age UK).

At Christmas time, loneliness can be heartbreaking. Sadly, many older people face spending Christmas Day completely alone.



Here at Marmalade Trust, we want to change that. Our founder, Amy Perrin, established Marmalade Trust in 2013 to ensure that older people in Bristol and South Gloucestershire all have the chance to spend Christmas Day surrounded by friends.



We help reconnect people through shared festive cheer

Marmalade Trust organises lovely Christmas Day parties which are free to attend for those who are experiencing loneliness and social isolation.

For many of our guests, this will be the first time that they have not been alone on Christmas Day for years. By encouraging new friendships to form naturally through sharing the day, we help people to make the connections they need all year round.

“ Friendship isn't just for Christmas, but it's not a bad place to start! ”

Amy Perrin, founder of Marmalade Trust

Our 'Marmalade Army'

We are a collective community volunteering effort: we would simply not exist without caring people giving up their time to help us do what we do.

Our amazing volunteers do everything from gift wrapping and fundraising to driving guests to and from our events on Christmas Day itself.

We don't expect any individual volunteer to give up too much time - we try to enable as many people as possible to contribute as much as they reasonably can. Everyone has skills or ideas that can help us to help people be less lonely.



Our volunteers really are the beating heart of Marmalade Trust, and we believe that together we can make extraordinary things happen.